



MY INDIVIDUAL PLAN FOR THE FUTURE

Marriage Encounter Online

Allow 10 minutes for PR

Go in peace and write with love!

1. Specific area or areas in which I will try to have a more complete understanding:

(Check areas you would like to work on)

- _____ Money/finances and budgeting
- _____ Time, relaxation and recreation
- _____ Work, jobs and housework
- _____ Health concerns
- _____ Sexual Intimacy
- _____ Spiritual Life (Prayer, etc.)
- _____ Children
- _____ Relatives
- _____ Stress in our lives
- _____ Enthusiasm for our marriage

2. Specific fault upon which I will work:

3. Specific activity to which I would like to spend some time:

4. Persons or couples whom I can help:

5. Specific means of improving relations with the children and relations in the family?

6. A good time for me to spend with you each day in serious dialogue would be . . .



