



MARITAL COMMUNICATION

By Father Gabriel Calvo

Confidence and Dialogue is concerned with the human dimension of God's Vision for Marriage, namely, the importance and need of interpersonal communication and mutual confidence between husband and wife. It is an implementation of Marriage in the Plan of God. Here we offer to an ordinary married couple the opportunity to experience an intense, profound and loving interpersonal communication in the Lord.

Marital Communication

According to the experience of thousands of married couples I have been in touch with during those years of my priestly ministry to and with them, interpersonal communication — direct and person-to-person communication — is the secret of true happiness in marriage life. Communication, according to the experts, is the most genuine expression of mature love. It is a two-way street one way, giving to each other; another way, receiving from each other. But giving and receiving what? **Oneself!** This is the real focus to an intense, profound and loving interpersonal communication: the **whole** person.

Only in this way will husband and wife be able to become "one flesh," that is: One Mind, One Heart, One Will, One Soul, and One "in the Lord." That is precisely God's dream for all married couples.

How to Become One Mind

By a mutual exchanging of one's personal ideals, thoughts, opinions, convictions, beliefs, judgments, prejudices, memories, searches, understandings, misunderstandings, insights, imaginations, interpretations, reasons for living and loving, motivations, discoveries, inventions, forecasts ...

How to Become One Heart

By a reciprocal sharing of one's innermost feelings, sentiments, emotions, fears, impressions, concerns, sorrows, expectations, frustrations, disappointments, needs, shocks, joys, grief, embarrassments, happiness and unhappiness ...

How to Become One Will

By giving and receiving of each other's desires, wants, intentions, plans, goals, attitudes, likes and dislikes, efforts, strengths and weaknesses, limitations, possibilities, resolutions, commitments ...

How to Become One Soul

By a self-revelation to each other on personal innermost needs, visions and dreams, troubles and struggles, temptations, sufferings, satisfactions and dissatisfactions, enjoyments, doubts, discernments, secrets ...



How to Become One "in the Lord"

By an intimate communication of one's experience of God: His awareness, His gifts, His calls, His will, His inspirations and lights, His power, His forgiveness, His friendship, His Words ...

In other words, communication between husband and wife doesn't happen overnight. It is a long journey rooted in a lifetime commitment of sharing one's own integral life with one's spouse.